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**Local Volleyball Prep Players Respond to Olympic Gold & Silver;
TCA (“Team Complete Athlete”) Clinics Are Booming; Tryouts Should Soar**

NAPA, CA – September 15, 2008 – TCA NorCal (“Team Complete Athlete”) girls’ volleyball club, based in Napa County, is experiencing – to put it in sports’ parlance – a real spike. TCA is presently sponsoring a series of clinics at Napa High School throughout September and October, preparing the players for tryouts in November. The director and coaches hadn’t expected such a major turn-out from Napa and nearby counties, but there’s has been a significant response from (name city) and beyond.

“The fact that USA Volleyball brought home the gold in men’s and women’s beach, the gold in men’s indoor and the silver in women’s indoor, has galvanized young players across the nation, and it seems particularly true here in Northern California,” said Manny Johnson, TCA NorCal’s director and head coach. “Now you’re finally going to be hearing about ‘volleyball mom’s’, not just ‘soccer mom’s.’ Volleyball is emerging from the shadow of other sports.”

The TCA Fall Clinics cover a wide range of skills and techniques and feature immediate feedback from TCA coaches. All clinics will run 11 a.m. to 1 p.m. on Sept. 21, 26, and Oct. 5, 12, 19 and 26 at Napa High School, 2475 Jefferson St., Napa 94559. Separate clinics are being held for grades 2 – 5; grades 6 – 8; for high school beginners, as well as one clinic for advanced players in high school and those with advanced club experience. Cost for younger players is \$25 and \$30 for advanced players.

TCA was founded in 2001 by Neil Mason, the organization’s director and head coach

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who is “hands-on” with all his teams throughout the country. In July, Coach Mason led his Southern California 18 Open Division Team to the Junior Olympic National Championship in Dallas. This was the third time in seven years that Coach Mason’s teams have captured JO gold. “Three-golds-in-seven” is a Junior Olympic record. Mason was named the 2006 Developmental Coach of the Year by the U.S. Olympic Committee; he has TCA Volleyball Club teams in eight U.S. cities with more planned in the near future.

“We formed TCA NorCal a year ago, absorbing the old Crush Club, and the reason we did that,” said TCA NorCal Coach Johnson, “is because Neil Mason and his elite staff are precision coaches. When I watched the men’s indoor team in Beijing, it solidified for me that TCA was on the right track. The Olympians run the same system, the same techniques as we teach our players. We are both tightly structured; aggressive but not flamboyant; totally dependent on our other players.”

The 2009 TCA NorCal Tryouts will be held on Saturday, Nov. 1; Sunday, Nov. 2, and Sunday, Nov. 9. Ages 17 and 18 will tryout from 9 a.m. to 11 a.m.; 16s from 12 p.m. to 2 p.m.; 15s from 5 p.m. to 7 p.m., and 12s, 13s, and 14s from 2:30 p.m. to 4:30 p.m. All tryouts will take place at Napa High School. Cost to tryout is \$25 cash.

For more information, call the TCA NorCal office at 707-750-9530 or e-mail tryouts@tcavolleyball.com.